



**Introduction:**

- In this series we're looking for signs of life in the church and in our lives.
- We're finding these crucial signs of life from Jesus' most famous sermon, the Sermon on the Mount.

**Week 1 – Dusty Shoes** – being the salt of the earth. (Matthew 5)

**Week 2 – Open Hands** – giving to those in need. (Matthew 6)

**Week 3 – Worn Out Knees** (Matthew 7:7-11)

*Worn-Out Knees:* **THROUGH THE HARD WORK AND HUMBLE SUBMISSION OF \_\_\_\_\_**

**We wear out our knees in prayer when we:**

\_\_\_\_\_ **- and it will be given:**

- This isn't the first time Jesus has spoken on prayer. He had, moments before, in Matthew 6, when he gave us what we call "The Lord's Prayer".
- *"Your Father knows what you need before you ask Him."* (6:8)
- **Things we should ask for:**
  1. \_\_\_\_\_: *"Give us this day or daily bread"* (6:11)
  2. \_\_\_\_\_: *"Forgive us our debts as we also have forgiven our debtors."* (6:12; Psalm 66:18; 1 John 1:9)
  3. \_\_\_\_\_: *Help in our struggle against sin. "Lead us not into temptation, but deliver us from evil."* (Matthew 6:13)

Jesus tells us to *"ask, and it will be given to you...for everyone who asks receives"*. (7:7-8)

\_\_\_\_\_ **- and you will find:**

- What are you seeking after? What are your hopes, dreams, and desires?
- Jesus tells what to seek after:
  - We don't have to worry about the stuff of life: food, health, or clothing.
  - "Your heavenly Father knows that you need them all. But seek first the kingdom of God and His righteousness, and all these things will be added to you."* (6:32-33)
  - If we're not finding what we're looking for, it's quite possible we're looking for the wrong things.

\_\_\_\_\_ **- and it will be open to you:**

- We like to think that opportunity knocks.
  - Our Sovereign God can certainly arrange circumstances just right, so that what to others would seem like luck, cosmic coincidence, or karma, opportunity appears to come knocking.
  - Jesus teaches that it's us who need to do the knocking – through prayer.
- Down on our knees, wearing them out, persistently, consistently, in prayer.
- Jesus says, *"to the one who knocks it will be opened."* (7:8)

**What about when \_\_\_\_\_ before my knees do?**

1. When we ask, we need to have the right \_\_\_\_\_.
  - "When you ask, you don't get it because your motives are all wrong—you want only what will give you pleasure."* (James 4:3 NLT)
  - "Delight yourself in the Lord, and he will give you the desires of your heart."* (Psalm 37:4)
2. When we seek, we need to order from the \_\_\_\_\_.
3. When we knock, we need to \_\_\_\_\_.

**Conclusion:**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_