



Introduction:

- 150 million people made at least one New Year's resolution.
- 12 million people will actually achieve their resolution, only about 8%.
- No one cares if you resolve to diet more, diet less, eat better, smell worse, or just give up on everything. The only one who really has an investment in your resolutions for the New Year is you.

Paul's resolution was to know Jesus. (Philippians 3:10)

The word *know* in Greek means:

Paul wanted to know God through:

"...becoming like Him" in Greek means:

Paul admits he had not obtained _____.

How do we achieve a great resolution?

_____.

The word *forgetting* in Greek means:

The word *behind* in Greek means:

How do we forget what lies behind?

- Make sure you deal with the past, confess it.
- Move away from the past.
- Do some mind modification.
- Keep your eyes on Jesus. (Hebrews 12:2)

_____.

The word *reach* means:

The word *ahead* means:

How do we reach forward for a deeper intimacy with Christ?

- _____ inward and then cut it out of your life.
- _____ with Jesus.
- _____ down your appetites.

With these things in place, Paul says we "***press on toward the goal***". (Philippians 3:14 emphasis added)

Conclusion: