



READY FOR ACTION

Introduction:

- Psalm 37 gives us five actions to take in response to difficult times – so God can give hope!

Look _____ (v. 1-2)

- *Jeremiah 29:11* – God plans to give you hope and a future.
- *Philippians 1:6* – He who began a good work in you will complete it!

Look _____ (v. 3-4)

- *Proverbs 3:5-6*
 - Trust in the Lord—not your own understanding.
 - In **ALL** ways acknowledge Him—He will direct your paths.
- *Psalm 121:1-2*
 - Lift up my eyes—where does my help come from?
 - My help comes from the Lord!
- *Psalm 37:4* – Delight in the Lord and He will give you your desires.

Let _____ (v. 5-6)

- What do you need to let go of so that God can be in control?
- *John 1:9* – Confess sins—He will forgive us.
- *Colossians 3:13* – Forgive others as God has forgiven us.

Slow _____ (v. 7-8)

- *Psalm 46:10* – Be still and know that I am God.
- *Psalm 23:2* – Leads me beside quiet waters.
- *Psalm 1* – The blessed man meditates on God's law continually.

_____ Out (v. 3, 27)

- Why is helping others therapeutic?
- *Ephesians 2:10* – We were created to do good works.
- *Matthew 10:42* – One who gives even a cup of water to a needy child honors God.
- *Luke 6:38* – Give and it will be given unto you.

Warning!

- *Psalm 37:23-24* – **IF** the Lord delights in a man's way...

Conclusion:

- What action do you need to take this week to join God on His mission in your sphere of influence?