



Introduction:

- **Week 1:** We are *partakers* in the *power* and *promises* of God during the deep waters of life.
- **Week 2:** We can be strong and courageous, trusting in the promise of God's *presence*. He will never leave us nor forsake us.
- **Week 3:** We can trust that God will *provide*. He will supply our every need.
- **Week 4:** Today, we're looking at God's promise of *peace*.

"Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid"
(John 14:27).

Peace in the Midst of a Storm (Mark 4:35-41):

1. The storms of life can happen even when we're _____
_____ Jesus.
2. The storms in life don't take God by _____, nor are they _____ for Him.
3. Sometimes God will _____ water into your boat.

4. God has _____ to bring _____ in the midst of the storms in our lives.

5. Peace comes when our _____ is in the right place.

Practical Steps to Claiming God's Promise of Peace (Philippians 4:4-7):

1. _____ (v. 4)
2. _____ the Lord is with you (v. 5)
3. Don't be _____ about anything (v. 6)
4. _____ about everything (v. 7)

When you're rejoicing, remembering His presence, not being anxious, and praying, you can have the peace of God which does two things:

1. Surpasses all _____.
2. Guards your _____ and _____.

Suggested memory verses to help combat anxiety, worry, and fear:

- *You keep him in perfect peace whose mind is stayed on you, because he trusts in you. Trust in the LORD forever, for the LORD GOD is an everlasting rock (Isaiah 26:3-4).*
- *Cast all your anxiety on him because he cares for you (1 Peter 5:7 NIV).*
- *Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand. For I, the LORD your God, hold your right hand; it is I who say to you, "Fear not, I am the one who helps you" (Isaiah 41:10, 13).*