

## Introduction:

• The Me I Want to Be by John Ortberg:

"Two very athletic nine-year olds start taking swimming lessons.

One begins because he has seen the Olympic Games and wants more than anything in the world to win a gold medal when he grows up. He pictures himself on the podium; he surrounds himself with Olympic pictures; he listens to the national anthem every day; he practices hours upon hours. The other kid starts lessons to please his father. Which one is likely to make it to the Olympics? The one swimming for his dream."

"Two twenty-year olds have a goal to save \$10,000. One of them has a dream to buy a used sports car. The other is saving because he thinks he should. Who do you think will reach \$10,000 first, willing to keep track of his expenses, eat cheaply, forgo new clothes? The one saving for his dream."

## Remember, in this passage, Paul is addressing Christians.

1. Therefore I urge you	ı, brethren (v. 1a)
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• The word "therefore" indicates	
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• The word "urge" in the Greek means	
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## What is Paul urging us to do?

1....to present your bodies...to God... (v. 1b)

How are we to present ourselves to God?	
<ol> <li>to present your bodies a living and holy sacrifice, acceptable to God</li> <li>(v. 1c)</li> </ol>	
2. Paul says we are to present ourselves to God in three ways:	
• First, we are to present ourselves	
• Second, we are to present ourselves	
• Third, we are to present ourselves to God.	
But we have lost our distinction.	
1. In verse 2, Paul says, "And do not be conformedbut be transformed."	
• So Paul calls us to be <i>transformed</i> .	
2. Transformed by the renewing of our minds. But how do we renew our minds?	
• First, we have to of our minds.	
Second, we have to make	
when they stray.	
• Third, to transform our minds we have to	
to think correctly.	
• Lastly, we must	
3. Paul doesn't stop here. He continues and says with renewed	
minds we will God's will. What is	
what iswhat is	
Conclusion:	