

# HABITS



SPIRITUAL DISCIPLINES TO HELP US PURSUE

CHRIST IN THE NEW YEAR

## Introduction:

- Please turn in your Bibles to Ephesians 5.

**Habit Challenge #1: I will regularly read the Bible.**

**Habit Challenge #2: I will make time to regularly connect with God.**

**Habit Challenge #3: I will give generously to God.**

**Stewardship: The careful and responsible \_\_\_\_\_  
of something entrusted to one's care.**

**Stewardship of our \_\_\_\_\_: (Ephesians 5:15-17)**

1. \_\_\_\_\_ our lifestyles.

*Look carefully then how you walk... (v. 15)*

2. **Invest our time** \_\_\_\_\_.

*...not as unwise but as wise, making the best use of the time... (v. 15-16)*

- Our time is valuable and fleeting. (Psalm 39:4-5; James 4:14)
- We steward our time by planning and prioritizing.

**3. Understand \_\_\_\_\_ for our lives.**

*...understand what the will of the Lord is. (v. 17)*

- God's will is communicated to us in Scripture.
- God's will is evidenced through our unique design.

**Stewardship of our \_\_\_\_\_: (1 Peter 4:10-11;  
Ephesians 4:10-13)**

- Each of our talents, abilities, and gifts have been entrusted to us by God.
- Every follower of Christ has received at least one spiritual gift.
- Good stewards use their talents to: serve one another, glorify God, build up the church, promote unity, and lead people to Christ.
- One of my God-given talents, abilities or gifts:

\_\_\_\_\_

**Habit Challenge #4: I will invest my time and talents according to \_\_\_\_\_.**

**Helpful resources on stewardship of time and talents:**

- *Simple Life*, by Thom S. Rainer and Art Rainer
- *The Preciousness of Time and the Importance of Redeeming It*, by Jonathan Edwards (December 1734)
- *Online Spiritual Gift Discovery*: [www.phbaptist.org/growth-groups/](http://www.phbaptist.org/growth-groups/)